

Welcome to Bhutan, the Heaven of Happiness and the Bhutan Land of Happiness Tours will bridge you with the true essence of Happiness!



Detailed Itinerary

Day 1: Arrival at Paro and transfer to Thimphu

Our team will warmly welcome you to the Land of Happiness with a traditional white scarf (Khada) as a gesture of respect and hospitality.

Drive to Thimphu, the capital city of Bhutan.

On the way, we will stop at Tachog Lhakhang, a sacred temple built in the 15th century by the great Tibetan saint and iron bridge builder Thangtong Gyalpo. The temple is known for its historic iron chain bridge and beautiful surroundings.

In the afternoon visit Buddha Dordenma, one of the largest Buddha statues in the world, overlooking the Thimphu Valley.



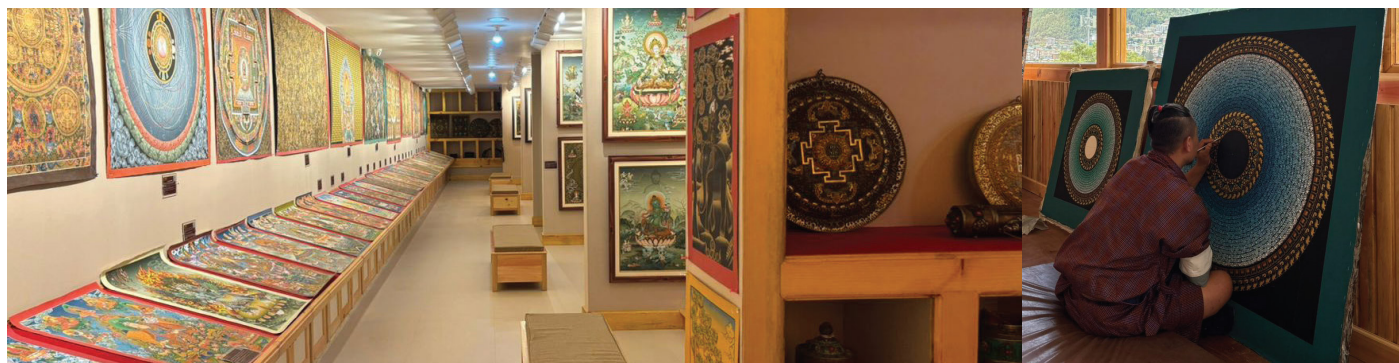
Day 2: Thimphu sightseeing

After breakfast, begin your day with a scenic hike to Wangditse Lhakhang.

Enjoy peaceful forest trails, fresh mountain air, and beautiful views of the Thimphu valley along the way.

After that visit the Handmade Paper Factory, where traditional Bhutanese paper is made from the bark of the Daphne tree using centuries-old techniques.

Visit the Thangka Painting Center to see artisans at work. Witness traditional Bhutanese arts — painting, weaving, embroidery, tailoring, wood carving — all preserving Bhutan's rich cultural heritage.



Day 3: Thimphu – Gangtey Transfer

After breakfast around 7 AM, you'll begin your journey to Gangtey. Your first stop will be at Dochula Pass, which offers scenic views and is adorned with 108 stupas and a magnificent temple. These monuments commemorate Bhutan's victory over Indian insurgents who intruded into the country in the 1990s and were peacefully resolved in 2003, reinforcing Bhutan's sovereignty. You'll enjoy tea and snacks amidst the beauty of the 108 stupas. Afterward, the journey continues to Gangtey. Gangtey valley, named after the impressive Gangtey monastery, is a vast U-shaped glacial valley where the graceful black-necked cranes from the Tibetan plateau visit during the winter season to roost. After arriving at Gangtey, you will check into the hotel and lunch will be served, take a short rest and overnight at the hotel.



Day 4: Gangtey Sightseeing



After breakfast, you will visit Gangtey Monastery (Gangtey Goemba). Take in panoramic views of the valley. After that, we will go for a nature hike: Gangtey Nature Trail, an easy scenic walk-through pine forests, yak herder settlements, and an open valley. Lunch will be served at the hotel.

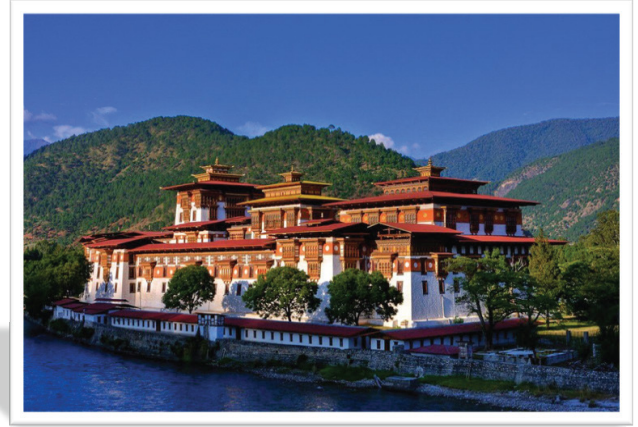
After lunch, we will visit to Black necked Crane Center. Spend some time in the center nearby. And walk around the Phobjikha valley.

Leisure time at Hotel/Dinner.



Day 5: Gangtey to Paro

After an early breakfast, we will begin our journey from Gangtey to Paro. En route, we will stop in Punakha to visit the magnificent Punakha Dzong, one of Bhutan's most beautiful and historically significant fortresses. After the visit, we will enjoy lunch at a local restaurant before taking a leisurely walk across the scenic Punakha Suspension Bridge. Following the visit, we will continue our drive to Paro, enjoying the picturesque landscapes along the way before arriving in the evening.



Day 6: Hike to Tiger's Nest

After breakfast, begin an early morning hike to Paro Taktsang (Tiger's Nest Monastery),

- Bhutan's most iconic and sacred landmark.
- Enjoy breathtaking views and a rewarding experience as you reach the monastery perched on a cliffside.
- After the hike, return to Paro and relax.
- In the evening, enjoy a stroll around Paro town for local shopping and café time.
- Overnight stay in Paro.



Day 7: Departure

- After breakfast, check out from the hotel.
- Transfer to Paro International Airport for your departure flight.
- Bid farewell to Bhutan with wonderful memories.



Bhutan Land of Happiness Tours
Email: www.bhutanlhtours.com
Contact No: +975-17377777
Thimphu, Bhutan.

Exclusively Included Experiences

- Exclusive Gross National Happiness (GNH) Talk – Gain unique insights into Bhutan’s development philosophy from local experts.
- Exclusive Buddhist Philosophy Talk – Discover Bhutan’s spiritual heritage through engaging discussions with knowledgeable practitioners.
- Exclusive White-Water River Rafting Experience – Navigate Bhutan’s pristine rivers with certified rafting guides.
- Exclusive Mountain Biking & Cycling Adventure – Explore scenic mountain trails, picturesque valleys, and traditional villages.
- Exclusive International & Domestic Flight Assistance – Seamless booking and coordination for your entire journey.
- Exclusive Cultural Performance & Traditional Mask Dance (Cham) – Experience Bhutan’s vibrant living traditions through captivating performances.
- Exclusive Trekking Experience – Professional trekking guide, porter, camp crew, and full logistical support.
- Exclusive Archery Experience – Try Bhutan’s national sport with traditional equipment.
- Exclusive Khuru (Traditional Dart Game) Experience – Enjoy one of Bhutan’s favourite traditional games.
- Exclusive Traditional Hot Stone Bath – Relax in a centuries-old Bhutanese wellness ritual.
- Exclusive Farmhouse Stay & Authentic Bhutanese Dinner – Experience genuine rural hospitality.
- Exclusive Bhutanese Cooking Class – Learn to prepare authentic dishes like Ema Datshi.
- Exclusive Butter Lamp Offering Ceremony – Participate in a peaceful prayer ritual at a monastery.
- Exclusive Monastery Blessing Ceremony – Receive traditional blessings from monks.
- Exclusive Meditation & Mindfulness Session – Rejuvenate in Bhutan’s serene spiritual atmosphere.
- Exclusive Nature Walk & Birdwatching Experience – Explore Bhutan’s rich biodiversity with local guides.
- Exclusive Botanical & Wildflower Exploration – Discover Bhutan’s remarkable flora.
- Exclusive Wildlife Safari – Look for rare Himalayan wildlife in protected national parks.
- Exclusive Photography Tour – Visit Bhutan’s most scenic landscapes and cultural landmarks.
- Exclusive Traditional Bhutanese Dress Experience – Wear the Gho or Kira for memorable photos and cultural immersion.

- Exclusive Local Market & Handicraft Tour – Browse authentic Bhutanese arts, crafts, and local products.
- Exclusive Festival Experience (during festival season) – Witness Bhutan’s colourful religious festivals and sacred dances.
- Exclusive Tea & Cultural Interaction with Local Families – Enjoy meaningful conversations and authentic cultural exchange.

